



## In This Issue:

- Moose Draw
  - Speckled Trout
  - NSACH AGM
- and a whole lot more!



To receive a copy of the NSFAH monthly E-Newsletter simply fill out the contact form at the Federation website, include your name and email address...it really is that simple!

## The Moose Draw - 2013

The 2013 Nova Scotia Moose Draw will take place at 11:00 am, Tuesday, June 25th, 2013 at the Port Hawkesbury Civic Center, 606 Reeves Street, Inverness County. The draw can also be viewed on the NSFAH website where it will be streamed live via webcast.

Names of winners will be announced at the public draw. They will not be published in newspapers.

Winners will be notified by mail. Applicants can also check their individual results online.

## How to Avoid Black Bear Encounters

Hibernation has ended and young bears straying from their mothers may enter neighbourhoods, so Nova Scotians should know how to respond.

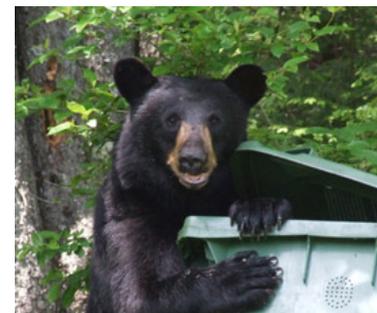
"Hundreds of nuisance bear reports come in to our department each year and we want Nova Scotians to know they can help reduce the problem of bear encounters by following certain precautions," said Charlie Parker, Minister of Natural Resources.

"Bears are an important species in our province but all wildlife should be treated with respect and caution to avoid danger so we urge people to check the DNR website for things they can do to prevent bear incidents and learn what to do when a bear is seen, visit [www.novascotia.ca/natr](http://www.novascotia.ca/natr)

The department's wildlife specialists say food odours or accessible food can attract bears. Bears will search far and wide for food, following odours into backyards. They are attracted to garbage, compost, green bins, pet food, and bird feeder seeds too." Keeping garbage inside or storing it in bear-proof containers and keeping

grills free of grease and food particles can prevent bear encounters. Campers and hikers also should take precautions to avoid attracting bears.

Bear encounters can pose risks to people and property, and can also harm the animal.

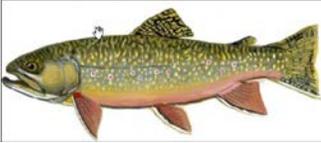


Bear sightings in residential communities and near homes should be reported to the Department of Natural Resources. Trained staff will determine the appropriate action. During business hours, call a local Natural Resources office.

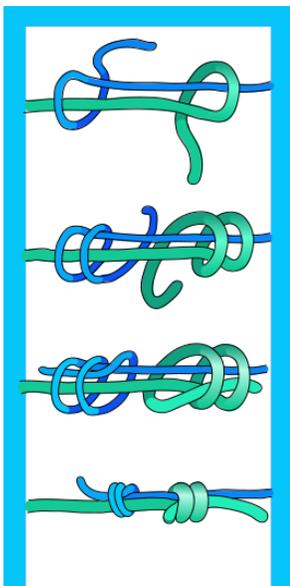
A list of office contact numbers is available at [www.gov.ns.ca/natr/staffdir/offices.asp](http://www.gov.ns.ca/natr/staffdir/offices.asp)

After hours and on weekends and holidays, call toll free, 1-800-565-2224.

## Fishing for Speckled Trout



**Larger speckled trout that live in northern waters sometimes eat small mammals such as mice, shrews, and voles.**



**Double Fisherman**

**The speckled trout is the most popular sport fish in the Atlantic Provinces. It is taken with spinning tackle, bait, and flies**

Speckled Trout, often called Brook Trout, need lots of oxygen and a water temperature of 10-18 degrees C or colder. Because of this, Brook Trout actively migrate up and down the rivers all year looking for the right conditions. In the spring, the Brook Trout are easy to find. Any river section with a rapids or strong current will hold the trout. As the season changes into summer, the Brook Trout get ready to migrate. Warm surface water flows out of the lakes and into the rivers. At the mouth of the river, the water is too warm for trout so they migrate down-stream. As the water runs through rocks it cools down. Also, subterranean water and natural springs run into the river thus cooling the water. So in the summer months, odds are you will have to travel down-stream until the water is cool. The exact opposite can be true, if the head-water for a creek is a cold spring-fed lake, then the Brook Trout will travel farther up-stream to the cooler temperatures. You have to look at the water source to determine where they will be.

Fishing for Brook Trout is similar to river fishing for Rainbow Trout. Small spinners like #0 Mepps or #0 Blue Foxes work best. They will also hit worms and natural bugs like Grasshoppers or May Flies. Fly fishing with artificial flies is an excellent method. The most convenient bait for river fishing is the Berkley Trout Bait. It's a smelly doe that molds like Silly Putty. If you purchase a bottle, make sure it's the floating. A small jar will last all day and it fits into your pocket. Just roll up a small bit into a round ball the size of a salmon egg and put it on your hook. When Brook Trout fishing you should use 6 or 4 pound test line with really small hooks. The most popular hooks for trout are the gold plated Eagle Claw trout hooks. If you are an experienced river fisher-person, then you would just use what you like best.

A great way to fish the slow moving pools or deep rapids is with a Saugeen River Trout Float Rig. You still use light line with a trout bait but the setup is a little

different. You have to estimate the depth of the water. Let say it's three feet deep. Put a trout float on your line about 2.75 feet up from your hook. Every 6 inches you would want to put a very tiny sinker on the line. Use the smallest you can find. The purpose of the sinkers is to control the way your bait floats down-stream. With this method, your bait will be almost straight down from your float as it moves down stream. So what's the purpose? When a fish hits your line your float reacts at once. It also keeps your bait just off bottom and it prevents your line from floating sideways which causes snags.

If you go to a river mouth in the spring, you may see millions of suckers spawning. The suckers come out of the lakes and travel down or up stream. They usually only go a couple hundred yards. The problem is all the Brook Trout in the area will gorge themselves on the sucker eggs. So if the Suckers are spawning, you may have to go 1000 yards up or down stream before you find hungry Brook Trout.



In a larger river, the Brook Trout will stay at the base of a rapids or waterfalls. You may find them in deep pools but generally they like bubbles in the water. The most important aspect of Brook Trout fishing is how to approach the area you want to fish. Brook Trout spook very easily. If you see a part of the river that looks like a good spot, walk through the bush until you are below the spot and approach it from down-stream. Cast up stream of the area you want to fish and let your bait float over the selected area.

Please always wet your hands before touching a Brook Trout. They have very sensitive skin and if you hold one with dry hands you will rub the protective layer of slim off their skin and the trout will die of infection. Please only keep what you eat.

**NOVA SCOTIA ASSOCIATION**  
OF  
**CROSSBOW HUNTERS**  
**ANNUAL GENERAL MEETING**



June 15, 2013

11:00 AM – 3:00 PM

Shubenacadie Training Center

Shubenacadie Wildlife Park

149 Creighton Road, Shubenacadie, NS.

GPS Co-ordinates are:

**N 45° 05.570' and W 063° 23.576**

Light lunch will be available



The **4th** Annual General Meeting of the Nova Scotia Association of Crossbow Hunters will be held on **June 15, 2013** out at the Shubenacadie Training Center, right at the Shubenacadie Wildlife Park.

We hope to get the meeting under way at 11:00 AM sharp and have it wrapped up by 3:00 PM.

We have lots to discuss, so make sure you show up.

We have several items on the agenda, including:

*Update from the NSFAH meetings in March 2013*

*DNR update*

*Membership Committee update*

*Treasurers Report*

*Bylaw & Constitution update*

*Elect new Officers*

*Treasurer—2 year term*

*Vice President – 2 year term*

*Email us for more info. [nsach@eastlink.ca](mailto:nsach@eastlink.ca)*



We will be discussing the idea of forming 2 new committees within the NSACH.

The first will be a Black Bear Conservation Group and the second will be a Whitetail Roundtable.

If one of these big game species (or both) interest you, then we would like to talk with you at our AGM.

See you on June 15!

## Southwest Nova Biosphere Reserve Association

The Southwest Nova Biosphere Reserve is a UNESCO designated and internationally recognized region of natural and cultural heritage. The SNBR spans the 5 counties of Annapolis, Digby, Yarmouth, Shelburne and Queens and is one of only 16 biosphere reserves in Canada.

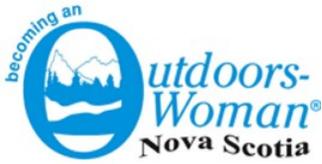
The Southwest Nova Biosphere Reserve is a place where you can appreciate an extraordinary diverse natural landscape, surrounded by the sea, that has and continues to shape local culture

<http://www.swnovabiosphere.ca/>

**Watch the collection of video vignettes:**

- [Welcome to UNESCO Southwest Nova Biosphere](#)
- [Dulsing We Will Go...](#)
- [Musique de la Baie](#)
- [Leave Your Mark on Conservation](#)
- [Whale Watching on the Bay of Fundy](#)
- [Discover the Culture of Nova Scotia's First People](#)
- [Hooking by the Sea, Retreats on Brier Island](#)
- [Into the Heart of the Biosphere by Paddle](#)
- [Plankton, Periwinkles and Predators](#)
- [Foraging Through the Forest](#)
- [Journey into the Night Sky](#)

## Becoming an Outdoors Woman



The Becoming an Outdoors -Woman® (BOW) program is a workshop primarily aimed at women but is an opportunity for anyone 18 years or older to learn outdoor skills - skills usually associated with hunting and fishing, but useful for many outdoor pursuits.

Originally started in the United States in 1991, Nova Scotia began offering the program to women in 1997. Its primary focus is assisting people to overcome barriers, whether social or financial, to learning outdoor skills.

If you are a novice or have no experience in fishing, hunting or other outdoor sports but want to learn, this program is for you. BOW® is a mix of fishing, hunting and other outdoor pursuits that combines a fellowship experience with women.

For more information contact:  
 Pam Grace  
 1-(902) 662-5043

### Upcoming Workshops

2013 Fall Becoming an Outdoors-Woman® Workshop  
 September 13 - 15, 2013  
 Mount Traber Camp - Cooks Brook, Halifax County, NS

• **Registration information will be available by mid June 2013.**

2014 Winter Becoming an Outdoors-Woman® Workshop  
 February 21 – 23, 2014  
 The Gaelic College, St Ann's, Cape Breton

• **Registration information will be available by mid December 2013.**

Email: [bowns@gov.ns.ca](mailto:bowns@gov.ns.ca)

*The Canadian Safe Boating Council (CSBC) is a national non-profit group that promotes safe and responsible boating. Statistics from the Lifesaving Society show that between 2006 and 2010 an average of 134 anglers have died each year in boating related fatalities. Traditionally, of those, over 80% of those who perished were not wearing a lifejacket or PFD.*

You've taught them all you know about fishing, including wearing their lifejackets.

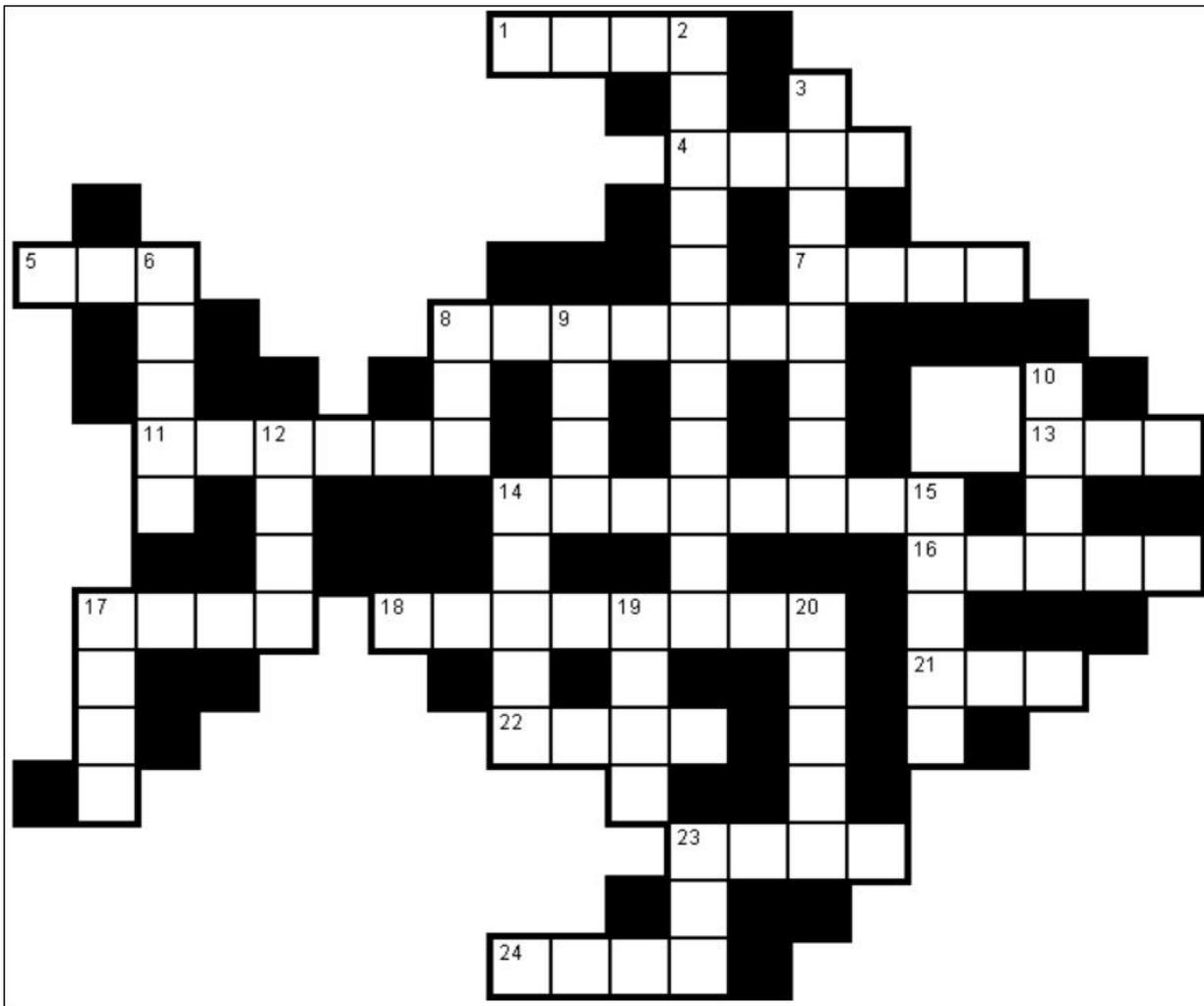


Fishing is a wonderful sport; an activity you and the kids can enjoy. They look up to you for information and guidance on something you can share together. You've got them hooked on fishing. The Canadian Safe Boating Council thanks you for getting them 'Hooked on Lifejackets'.



Transport Canada / Transports Canada  
 OFFICE OF BOATING SAFETY / BUREAU DE LA SÉCURITÉ NAUTIQUE

## Fishy Crossword Puzzle

**Across**

1. Silver salmon (4)
4. Herring-like fish migrates from sea to fresh water to spawn (4)
5. The state of sashimi (3)
7. Made from red algae (4)
8. Channel bass (3,4)
11. Shellfish seasoning (3,3)
13. There are two types: hard and soft (3)
14. An edible sunfish (8)
16. Latin for seaweed (5)
17. Ocean marker (4)
18. Crustacean grasper (4,4)
21. Voracious and slimy (3)
22. Croaker (4)
23. Their tongues were once a delicacy (4)
24. Two types are fish and duck (4)

**Down**

2. House of *Ostrea edulis* (6,5)
3. Squid (8)
6. Large fast-moving predacious food and game fish; found worldwide (5)
8. Shark relative (3)
9. Seafood herb (4)
10. Their legs may or may not be considered seafood (4)
12. Its first name is John (4)
14. Byssus of a bivalve (5)
15. aka: Nori (5)
17. Used for fishing (4)
19. Carp related river fish, frequently smoked or used for bait. (4)
20. Used for fish farming (5)
23. Massachusetts state fish (3)

*Answers on page 6*

Nova Scotia  
Federation of  
Anglers & Hunters

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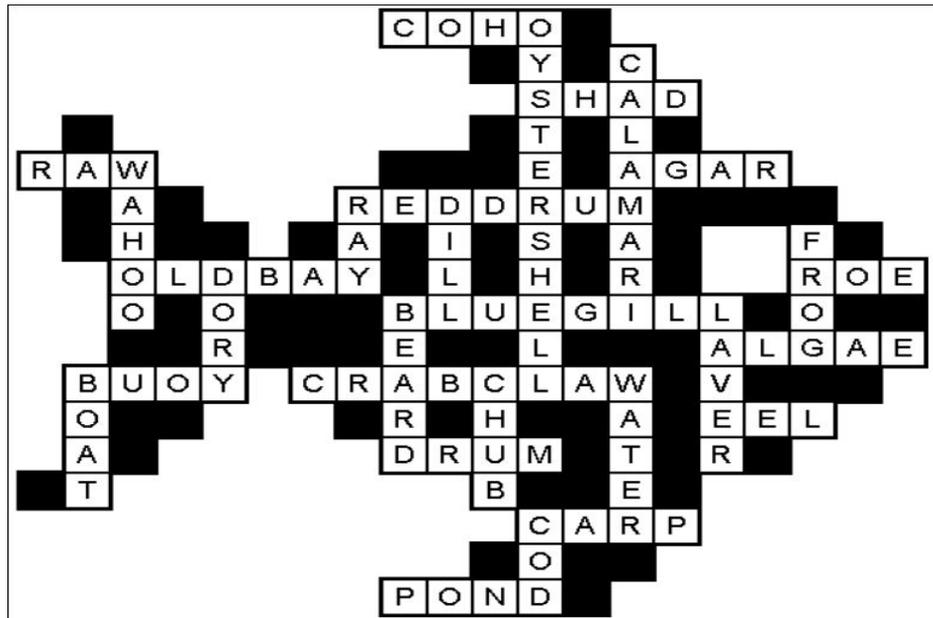
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The NSFah Journal is published monthly, except during hunting season. If you or your club has an article to submit, send along before the 25<sup>th</sup> of each month to ensure your information is inserted.

We're on the Web!  
See us at:  
[www.nsfah.ca](http://www.nsfah.ca)



## Nova Scotia Federation of Anglers & Hunters Affiliate Club Listing

*All Terrain Vehicle Association of Nova Scotia  
Archery Association of Nova Scotia  
Bowhunters Association of Nova Scotia  
Bowhunters Instructors Association of Nova Scotia  
Bras D'or Wildlife Association*

*Cape Breton Wildlife Association  
Conservation Enforcement Officers Association of Nova Scotia  
Delta Waterfowl Association  
Digby East Fish & Game Association  
Halifax Wildlife Association*

*Hants West Wildlife Association  
Kings County Fish & Game Association  
Canadian Association of Smallmouth Anglers  
Lansdowne Outdoor Recreation Development Association*

*Lunenburg County Wildlife Association  
Nova Scotia Association of Crossbow Hunters  
Nova Scotia Guides Association  
Nova Scotia Houndsmen Association  
Nova Scotia Bear Hunters Association*

*Mic Mac Rod & Gun Club  
Port Morien Wildlife Association  
Queens County Fish and Game Association  
Bluenose Longbeards Chapter, NWTF  
Shelburne County Fish & Game Association*

*South Shore Wildlife Association  
The Big Game Society of Nova Scotia  
Traditional Archers Association of Nova Scotia  
Trappers Association of Nova Scotia  
West Pictou Wildlife Association*